

6801 Gov. G. C. Peery Highway
Richlands, VA 24641



SPEAKERS BUREAU

Free program topics for your club or organization



www.clinchvalleymedicalcenter.com

PATIENT SERVICES TOPICS

Advocacy: You've Got a Friend

When you have a question, it's nice to know someone who can find the answer. Our Patient Advocate makes sure you always have someone you can call – privately and confidentially – when you have a question, comment, concern or suggestion. This program explains her role and how she can help.

Discharge Planning: You're Being Discharged - Now What?

Just because you're being discharged from the hospital doesn't mean you're "all better." This program explains the services offered by the hospital's Discharge Planning department and how it can help make sure you have everything you need.

Industrial Medicine: How Can We Help Your Business?

Clinch Valley Medical Center's Industrial Medicine Program is dedicated to promoting and protecting the health of workers through preventive and educational services. We focus care on health-related issues that affect productivity and profitability as well as the well-being of management and employees. Our primary goal is to offer services throughout the Southwest Virginia community that will help to assist employers. Industrial Medicine services range from basic pre-employment physicals to more sophisticated and comprehensive exams tailored for the needs of periodic 'executive' physicals for your management personnel.

Living Will & Power of Attorney

Two questions you're asked when you register as a hospital patient are: "Do you have a living will?" and "Do you have a Durable Power of Attorney?" This program tells you what these things are, why you should consider having them and how to make sure your wishes are respected.

Privacy: HIPAA and You

HIPAA (Health Insurance Portability and Accountability Act) provides the nation's first-ever standards for protecting the privacy of your personal health records. Find out what it means for you and people you know, plus the benefits (and frustration) it brings.

Safety: How Safe is Your Hospital?

Nearly every week the national news reports of patients receiving the wrong medicine or having the wrong surgery. This program outlines the different measures we take to make sure your hospital stay is safe and successful.

Volunteering

Studies have shown that people who keep busy after retirement live longer, healthier lives. Find out about the volunteer opportunities available at CVMC, plus the perks that come with the job.



The professionals of Clinch Valley Medical Center have a wealth of knowledge on a wide variety of topics and we love to share the wealth! If your school, club, church or other organization holds regular meetings, our free Speakers Bureau program is for you. Give us a call at (276) 596-6619. We'll help you select a topic (below are just a few of our topics) and will arrange for a speaker to visit your community group.

DISEASES & CONDITIONS TOPICS

Advanced Wound Center: Do You Have a Wound that Won't Heal?

If you or a loved one has ever suffered with a non-healing wound this topic is of great interest. We have an extraordinary Advanced Wound Center at Clinch Valley Medical Center. There is new technology in the advanced wound care, including hyperbaric oxygen, that allows us to heal the most difficult and complicated wounds. We will discuss what wounds can be treated, the different conditions that hyperbaric oxygen benefits and answer any questions of concern.

Back Pain: Oh, My Aching Back!

Anyone who's ever experienced back pain knows how excruciating and debilitating it can be. This program features exercises and principles that help prevent back injuries, and tips on easing the pain of an aching back.

Cancer: Breast Cancer Early Warnings

Regular breast X-rays and monthly self-exams can help detect breast cancer when it's small and most treatable. This program explains the signs and symptoms to watch for.

Cancer: High Tech + High Touch = CVMC Cancer Treatment Center

Sometimes we fail to see what's in our own backyard – such as cancer treatment tools that are among the most advanced in the world. This program gives an overview of the comprehensive cancer care available right here in Tazewell County, including image-guided radiation therapy and state-of-the-art diagnostics.

Clinch Valley Heart & Vascular Institute: Cardiac and Vascular Care

Heart disease is the leading cause of death of men and women in the United States. It is important to talk with your physician about your risk factors for developing cardiovascular disease and creating a plan to help decrease the risk factors that you can control. The Institute has integrated CVMC's specialists in cardiology, interventional cardiology, vascular surgery and interventional radiology to provide an extraordinary level of expertise and experience to patients and physicians alike.

Diabetes: Diabetes and Your Heart

Heart disease is a serious complication of diabetes, but there are things you can do to help protect yourself and the people you love. This program offers preventative tips and signs to watch for.

Emergency Services: Is It An Emergency?

Some of us go to the Emergency Room when a visit with our family doctor would have been the better option. And some resist going to the ER even in a true emergency, putting lives at risk. How do you decide if it's an emergency? This program offers guidelines.

Heart Health: How Do You Mend a Broken Heart?

Heart disease is a scary diagnosis, but fortunately today more people than ever survive it. This program talks about the tools available – from prevention and diagnosis to treatment and rehabilitation – to help keep your heart healthy and strong.

Osteoporosis: Protect Yourself from Brittle Bone Disease

Osteoporosis is a debilitating disease that weakens bones, making us susceptible to breaks and other injuries. When caught early, there are steps you can take to prevent further bone loss. This program can also include a free bone screening test during your meeting.

Rehabilitation: PT Can Put You Back on Your Feet

Recovering from surgery or an injury can be a long, slow and painful process. This program

explains how a customized physical therapy program can help speed recovery times and get you back to doing the things you love.

Sleep Disorders: What's Your Snore Score?

Does your partner snore? Do you wake yourself up with a loud, sudden snort? These nighttime noises are more than annoying. They may be alerting you to a serious, underlying medical cause. This program explains the services offered by CVMC's Sleep Lab and offers a brief quiz to help you learn your snore score.

Speech/Language: What's That You Say?

Talking is a major form of communicating with others, so it can be very frustrating (at the very least) to have trouble speaking. This program gives an overview of the therapeutic options available to children and adults.

Surgical Weight Loss Program: Are You a Candidate for Weight Loss Surgery?

Weight loss surgery, or bariatric surgery, is a serious surgical procedure and requires an extreme change in lifestyle, eating and nutritional habits. At CVMC, we are here to offer support and, if you and your doctor determine surgery is the right path for you, a range of surgical procedures that mean health and success are within your reach.

For more information or to schedule a speaker please call (276) 596-6619.

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