

## **Universal Masking**

Clinch Valley Health is taking every precaution to keep our patients and staff safe, and prevent the spread of COVID-19 in our facilities. For this reason, we are following the CDC recommendation that anyone who enters our facility must wear a face mask at all times.

Visitors are encouraged to bring their own mask from home to help conserve hospital supplies for patients and staff.

Why wear a mask? Recent studies show that universal masking, in addition to practicing social distancing and proper hand hygiene, can help prevent the spread of infectious diseases like COVID-19, especially in individuals who may not know they are ill. And until there is a vaccine, these measures are our best line of defense in protecting not only you, but also our healthcare workers and community members.

Please be smart and do your part. Wear a mask! We all have a responsibility to protect one another against the spread of COVID-19 and make our communities healthier.

For more information from the CDC on face coverings and how to make your own, click here <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html>

To learn more about the many ways we are working to ensure your safety while you are in our care, click here <https://www.clinchvalleyhealth.com/patients-visitors/your-health-our-heroes>

